



OCEAN SPA

Nestle on the lagoon's edge, surrounded by splash water of Indian Ocean, and enlightened by the warmed of the Maldivian sun sits Ocean Spa. With breathtaking lagoon and ocean view, the Spa captures the energy of the Nilandhe spirit with a unique sense of simplicity and luxury, which define of Iru Veli.

Our mission is to deliver a heavenly of sensory experience synergy with high quality marine based-products of French, Thalgo. Continuously reinforces its environmentally friendly practices. Synergy of Ocean Spa that embrace your wellness and wellbeing offering a heavenly journey of sensory delight to enliven your body, mind and soul.



BODY CARE by THALGO

This finest nature of sea mineral ingredients creates the ultimate result for every sequence of body help to eliminate fatigue, stimulate the circulatory and lymphatic system and detoxify the body.

Micronized Marine Algae

45 minutes

Let nature detoxify and rebalance your body through the magical properties of the sea. Envelope yourself with a deep cleansing with natural sea minerals and algae, will eliminates the toxin and excess fluid, boosts cell regeneration and detoxifying

Total Detox

110 minutes

Bring your total experience of detoxification start with application of Micronized Marine Algae body wrap to draw out the toxin and impurities. Followed by Detox Massage which focusing into the problem area, eliminate the fat and breakdown the cellulite.

Silhouette Body Contour

120 minutes

An anti-cellulite treatment is designed to stimulate the circulation and to firm problem zones. It divides fat cells, burns up surplus fat, eliminates waste and firms the skin tissue.

Iles Pacifique

105 minutes

Ultra- sensory, the treatment begins with luxurious scrub which combination of White and of Bora-bora, Sea Salt, Coconut Shells and vegetables oil to exfoliate and nourish the skin. Followed by gentle massage using Tahitian Monoi massage oil, this velvety oil makes your body relaxed and revived

Optimizer Back Treatment

60 minutes

Treat your back like you treat your face. Begin with an energizing marine body scrub help to draw out impurities and application of marine body wrap to revitalize the skin, followed by vitality back & shoulder massage to improve physical body power.

Non- PAIS



FACE CARE by THALGO

The art of precision skin care is enhanced by the expertise of THALGO in our luxury, which have been designed to provide maximal result

Soothing Marine

60 minutes

This facial suitable for sensitive skin by using the finest ingredient from natural Indian Ocean, to keep the skin nourish, fresh and glowing.

Intensive Hydra Marine

60 minutes

Effective face treatment for dry, dehydrated and dull skin. Essential to provide your skin with 24 hours hydration and perfect radiant.

Deep Cleansing

60 minutes

A purifying treatment for oily and combination skin with natural antibacterial properties, pure natural seaweed and high potency marine extract penetrate deeply into the skin, helping in regulate sebum production, eliminate impurities.

Ultimate Anti-Aging

75 minutes

This beauty treatment to prevent the sign of aging. With Marine Sillicum as the main ingredient makes your skin effectively away from wrinkles, improvement in skin firmness, and facial contours will feel lifted.

Anti-aging Eye Care

30 minutes

A sensational eye treatment to relieve tired eyes, reduce lines and dark eye circles with special pressure point massage to relieve tension and to improve circulation. Healing scalp massage will be performed during the eye mask to increase the relaxation.

Men's Vitality

60 minutes

A purifying treatment for oily and combination skin with natural antibacterial properties, pure natural seaweed and high potency marine extract penetrate deeply into the skin, helping in regulate sebum production, eliminate impurities

Non- PAIS



MASSAGES

Asia's tradition of traditions, a masterpiece of unique and strong cultural identity of different ancient massages. All massages can be booked by 60 minutes or 90 minutes and can be individual or combined as a package.

Balinese Massage Relaxing

60 minutes

Employing the principles of acupressure, cross fiber strokes and gentle stretches, and aromatherapy is used to stimulate the flow of blood and "qi" (energy) around your body. This treatment brings a sense of well-being, calm and deep relaxation.

Authentic Thai Massage Flexibility

60 minutes

Combination of firm and rhythmic pressure simultaneous to ones breathing, it allows to stimulate the flow of energy along the body's pathways. This authentic Thai therapy will surely bring out the flexibility in you.

Hawaiian Lomilomi Massage Balancing

60 minutes

Characterized by the Huna's loving and nurturing approach, this massage brings the balance in physical, mental and spiritual dimensions. With long and gentle rhythmic strokes, this sensual massage will awaken your sense of well-being.

Classical Western Energizing

60 minutes

This therapeutic massage is like Swedish massage, featuring strong kneading of the muscle tissue, getting deep into the muscle fiber. Firm strokes increase circulation and encourage the release of toxins, helping alleviate chronic muscle pain, tension and working out stubborn knots. We use our own specially formulated Uplifting oil with this massage to energize and revitalize

Foot Reflexology Stimulating

60 minutes

An ancient healing based on the principle that there are reflex points on the feet that correspond to the body's different organs and glands.

Traditional Filipino Massage Intuitive

90 minutes

With origins from Northern Province, Traditional Hilot Massage start with scanning of banana leaves which are then used to identify areas of imbalance in the physiology. An upside-down glass or cupping therapy "Ventosa" is then placed for few minutes to create suction, an ancient form of alternative medicine to assist in reducing pain, inflammation, blood flow, relaxation and well-being. The experience continues with the combination of long and deep strokes of Hilot. Combined with stretching, it improves circulation and relieves stress and tension.

Anti-Cellulite Massage Toning

90 minutes

Restore the natural appearance of your skin, this repetitive striking technique will warm the cellulite and helps improve the lymphatic flow. This helps to further improve the smoothness, tone and reduce the visibility of cellulite on your skin.



AYURVEDA TREATMENTS

Abhyanga Massage

60 minutes

Performed with oil infused with herbs, Abhyanga Massage takes you to the ancient therapy that pampers as it heals the soul. Using gentle and soothing strokes that stimulates the lymphatic system, this massage improves the blood circulation, improves appetite, releases stress built-up and promotes relaxation.

Kativasti Massage

60 minutes

A targeted Ayurvedic massage that focuses on the lumbar spine with the use of warm Ayurvedic oil. This massage increases the oxygen in the blood stream and ease the tension on the joints and will make you feel relieved.

Shirodhara Massage

60 minutes

Awakening your senses and spirit with Shirodhara massage, warm oil is placed over the third eye and hairline. This holistic healing approach harmonizes the body, mind and soul and creates a balancing effect in the deepest blissful state of consciousness.





BODY WORKS

Treatments start with honoring the feet followed by the body treatment of your choice. All-natural ingredients are used to support the local business and farms by sourcing the ingredients within the country. Body treatments may be done on their own, or added to any other spa service.

De-Aging Pineapple Papaya Body Polish

50 minutes

Ingredients good enough for a yummy dessert are also ingredients to healthy and better-looking skin. This concoction delicately exfoliates and moisturizes body while bringing out a fresh and natural layer, through the stimulating power of fruit enzymes. Your skin will look healthy, smooth and shiny as if you were born with them.

Hydrating Cucumber Body Wrap

50 minutes

Natural medication of cucumber has a soothing & calming effect to reduce the redness after sunburn. A little treat on your face by refreshing mask will calm the feeling of heat.

Moisturizing Coco Body Scrub

50 minutes

Savor the rich, natural goodness of this delightful body scrub as it combines the exfoliating properties of coconut meat with brown sugar to tighten your pores. The extra virgin coconut oil is then applied for its powerful moisturizing properties. A healthy dose of lemon rind and citrus oil to deeply cleanse the body for luscious looking skin.

Anti-Cellulite Coffee Scrub

50 minutes

"Coffee is the answer, who cares what the question is." This aromatic and decadent body scrub combines the gentle exfoliation and reduce visibility of cellulite effect of the coffee as well as the rejuvenating of brown sugar. Packed with anti-oxidants, it is sure to leave your body with smooth, healthy skin.

Rejuvenating Javanese Lulur Scrub

50 minutes

Reveal the secret of Asia's whitening body scrub. Originating from the royal palaces of Java, this exotic scrub contains a blend of turmeric, herbs and spices, and is followed by a soothing yogurt splash.

Invigorating Rosemary and Lemon Salt Scrub

50 minutes

Experience the secrets of beautiful skin with this traditional recipe of herbs, sea salts, aromatic oils and tropical plant extracts. The earthy smell of rosemary yet relax, will give your skin firmness combined with the power of lemon and salt, a great job in exfoliating skin and improved circulation in the body.



SPA PACKAGES

Restore harmony and equilibrium by investing in a few precious hours in the cradle of nurturing.

Re-alignment Package

2 hour

Bring the balance back to your life with our Re-alignment Package. Let your blood flow and skin glow. Thai massage, your muscles will be grateful for and finish off with a relaxing foot spa that will benefit your whole body.

- 90 minutes Thai Massage
- 30 minutes Foot Scrub

Always Together

2 hour

Take advantage of our couple's room and the pampering in this package designed exclusively for couples. Treatment starts with a moisturizing tropical fruit coco scrub followed by your chosen massage. Served with sparkling wine after the treatment.

- 60 minutes moisturizing Coco Body Scrub
- 60 minutes massage of your choice except Ayurveda treatment
- Served with Sparkling Wine

The Perfect Escape

2 hour

Indulge in a 2-day spa retreat and give yourself the benefit of recreation and relaxation. It is always good to feel pampered on a holiday, a perfect escape from the busy life. Sun Aqua Spa created a package that is surely personalized by you.

Choose from any a la carte treatment for two hours:

- 60 minutes body scrub or body wrap
- 60 minutes massage of your choice except Ayurveda treatment

Heritage Package

2 hours and 30 minutes

Inspired by traditional Filipino herbal healing, this therapeutic masterpiece incorporates a Philippine heritage ritual that immerses mind, body & spirit in a state of overall well-being. Cap this truly indigenous and indulging traditional Filipino massage with Bentosa "cupping" technique to un-block the energy in your body.



PAIS PRICES

MASSAGES

• Balinese Massage <i>Relaxing</i>	60 minutes	\$178
• Authentic Thai Massage <i>Flexibility</i>	60 minutes	\$178
• Hawaiian Lomilomi Massage <i>Balancing</i>	60 minutes	\$178
• Classical Western <i>Energizing</i>	60 minutes	\$178
• Foot Reflexology <i>Stimulating</i>	60 minutes	\$178
• Hiyala Head & Scalp Massage	50 minutes	\$178
• Traditional Filipino Massage <i>Intuitive</i>	90 minutes	\$238
• Anti-Cellulite Massage <i>Toning</i>	90 minutes	\$238

AYURVEDA TREATMENTS

• Abhyanga Massage	60 minutes	\$208
• Kativasti Massage	60 minutes	\$208
• Shirodhara Massage	60 minutes	\$208

BODY WORKS

• De-Aging Pineapple Papaya Body Polish	50 minutes	\$178
• Hydrating Cucumber Body Wrap	50 minutes	\$178
• Moisturizing Coco Body Scrub	50 minutes	\$178
• Anti-Cellulite Coffee Scrub	50 minutes	\$178
• Rejuvenating Javanese Lulur Scrub	50 minutes	\$178
• Invigorating Rosemary and Lemon Salt Scrub	50 minutes	\$178

SPA PACKAGES

• Re-alignment Package	2 hours	\$258
• Always Together	2 hours	\$438
• The Perfect Escape	2 hours	\$438
• Heritage Package	2 hours and 30 minutes	\$288



NON- PAIS PRICES

FACE CARE by THALGO

· Soothing Marine	60 minutes	\$168
· Intensive Hydra Marine	60 minutes	\$168
· Deep Cleansing	60 minutes	\$168
· Ultimate Anti-aging	75 minutes	\$248
· Anti-aging Eye Care	30 minutes	\$88
· Men's Vitality	60 minutes	\$168

BODY CARE by THALGO

· Micronized Marine Algae	45 minutes	\$128
· Total Detox	110 minutes	\$208
· Silhouette Body Contour	120 minutes	\$238
· Iles Pacifique	105 minutes	\$228
· Optimizer Back Treatment	60 minutes	\$168

All prices are quoted in US Dollars, including 10% service charge and 12% applicable taxes.