



BY JW



BYJW

Welcome to Spa by JW, an experience that favors simplicity over complexity, clarity over mystery. Knowing your time is valuable, we offer express spa treatments as a simple indulgence. And our inviting spa lounge is the perfect place to gather with a group or simply unwind and take a moment.

Spa by JW delivers experiential retail and treatments that are tailored to your exact needs and focused on delivering four distinctive benefits — Calm, Indulge, Invigorate and Renew. Whether you're fatigued from a long journey or simply desire a well-deserved retreat, we provide a personalized spa experience that is as effortless as it is rewarding. Begin your journey with your desired results in mind.

## CALM

Reset for a moment of serenity.  
Find your center by slowing down time,  
so you're ready to take on whatever  
comes next.

## INDULGE

You deserve the best. For all that you do,  
take time for some special nourishment.  
After all, life's simplest pleasures should  
not be forgotten.

## INVIGORATE

Stress takes its toll. Embrace your own  
vitality by replacing what's been lost,  
enlivening your body and clarifying  
your mind.

## RENEW

Unclutter your mind and body.  
Our busy lives often leave little room  
to focus on ourselves. Cleanse and  
purify to gain absolute clarity.

# CALM

So much is expected of us — to be brilliant, be ready, be connected.

Why not just be? We take the idea a step further, removing distractions and excess to create an environment of simple tranquility. Our signature treatments oblige with a calming effect. Let Spa by JW slow your world down, for as long as you like.



CALM

CALM

## MASSAGE

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### STRESS RELIEF

*Experience the subtle difference between being relaxed and being restored with this profoundly healing massage designed to relieve stress and tension.*

(50, 80 OR 110 MINUTES)

### SLEEP DEEPLY

*Achieve an elevated sense of balance with this curative aromatherapy massage that restores the body for a deeper feeling of relaxation and enhanced sleep.*

(50, 80 OR 110 MINUTES)

### INNER CONNECTION (COUPLE TIME)

*Experience the 'power of touch' with this package where couples can create their own personalized body scrub at the Scrub Blending Bar and indulge in an exfoliating experience while cherishing memorable moments together, followed by a massage of their choice. (90 MINUTES)*

## FACIAL

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### CURATED SKINCARE

*Relax and allow us to take care of your skin. Our expert aestheticians will choose the perfect treatment for you that suits your skin requirements: oxygenation with Oxygen Line, antioxidant boost with C+C Vitamin Line and reinforce your skin with NB Ceutical Line. (60 MINUTES)*

### SOOTHING

*Restore balance and radiance to the skin with the naturally healing blend of aromatherapy oils intended to alleviate redness and irritation. (50 OR 80 MINUTES)*

### THE EXPRESS FACIAL

*Revitalizing facial treatment without exfoliation that's perfect for all skin types and anyone looking to quickly restore a glowing youthful appearance. It's an ideal beauty booster before a special date or as an introduction to facial treatments. (30 MINUTES)*

### ESSENTIAL EYES

*A targeted treatment that relieves puffiness and dehydration around the eye contour area with a combination of cleansing, nourishing and decongesting ingredients, such as marine algae. (15 MINUTES)*

## BODY

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### ALOE VERA WRAP

*Our organic Aloe Vera body wrap is designed to cleanse and detoxify the skin while cooling down the sun irritated skin, leaving it smooth and revitalized.*

(30 OR 60 MINUTES)

# INDULGE

Everyone deserves a moment of pampering, without guilt or reservation. At Spa by JW we offer an indulgent experience through a range of therapeutic treatments that soothe in the most sublime and simplistic way. A rewarding feeling that will stay with you long after you leave.





INDULGE

INDULGE

## MASSAGE

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### ULTIMATE AROMATHERAPY EXPERIENCE

*Be truly pampered with this soothing head-to toe aromatherapy experience that infuses a personalized blend of powerful therapeutic essential oils.*

(50, 80 OR 110 MINUTES)

### CLEAR YOUR MIND

*Indulge your senses with this aromatherapy body, face and scalp massage as you breathe in the soothing aromas of chamomile, petitgrain and rosemary.*

(50, 80 OR 110 MINUTES)

### NURTURING PREGNANCY MASSAGE

*Specially designed for mothers-to-be, our nurturing massage uses renewing rose aromatherapy oil for cell regeneration, circulation, and stretch mark prevention.*

*Special pillows and bolsters make this a safe and soothing massage for future mothers. (50 OR 80 MINUTES)*

## FACIAL

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### DIAMOND LIFE INFUSION

*Preserves skin's youthfulness and slows the aging process. Visibly diminishes fine lines and wrinkles and restores a youthful glow to every level of the skin.*

*Dramatically reverses premature aging while increasing firmness and elasticity.*

(90 MINUTES)

### DIAMOND LUMINOUS SYSTEM

*This luxurious facial will diminish the appearance of hyperpigmentation, leaving the skin with a radiant glow. Perfect to restore brightness and balance tone while fighting dark spots. (60 MINUTES)*

### DIAMOND COCOON EXPERIENCE

*Activate the full potential of your skin with this prebiotic, revitalizing, renewing treatment designed to counter the effects of modern pollution and stress:*

*a detoxifying ritual that leaves your skin healthy, luminous and protected due to its enveloping massage techniques and its highly effective ingredients that purify, fortify and repair. (60 MINUTES)*

### ANTI-AGING

*An intensive treatment for ageing skin with eye lifting, including a unique dual layering of intensive masks, with specific lifting, plumping and firming actions.*

*Delivers instantly visible results. (50 OR 80 MINUTES)*

### EYELIFT

*The perfect enhancement to any facial. Gentle micro-currents lift and firm the eye whilst specialist products reduce redness and dark circles. (30 MINUTES)*

## BODY

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### ISLAND TOUCH (COUPLE TIME)

*Create your own island experience by selecting any 8 of the below mentioned treatments and indulge in our Spa deluxe suite with exclusive access to the couple steam bath and ice room. (120 MINUTES)*

- *Coconut Body Scrub*
- *Coconut Hair Bath*
- *Coconut Shell Reflexology*
- *Frangipani Foot Ritual*
- *Cooling Aloe Vera Wrap*
- *Hot Stone Back Massage*
- *Paraffin Foot Ritual*
- *Glass of Bubbles in the Bath*

# INVIGORATE

The stresses of travel and everyday life all take a toll, making energy elusive. Replace what's been lost with treatments designed to focus on your body's less obvious engines and enliven every facet of your being. At Spa by JW, find balance and energy on your way to a new vitality.



INVIGORATE

INVIGORATE

## **MASSAGE**

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### **RE-ENERGIZE**

*Feel newly energized with a restorative massage that brings tired muscles back to life, the therapy techniques balances and restores the energy flow through the meridian line. (50, 80 OR 110 MINUTES)*

### **JET LAG CURE**

*Long distance travel is physically and mentally exhausting. Recover from the journey with this jetlag eliminator massage using essential oils to revive and help you adjust to your new destination. (80 OR 110 MINUTES)*

### **HOT STONE MASSAGE**

*A combination of warm stone and reconstructive massage alleviate muscle pain, tension and accumulated fatigue. This balancing treatment stimulates blood circulation and calms the nervous system. (80 OR 110 MINUTES)*

## **FACIAL**

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### **RADIANCE**

*This luxurious facial harnesses the regenerative properties of rose to nourish, soften and hydrate all skin types, especially dry, delicate and finely textured complexions. This treatment helps to boost your circulation and promote cell renewal and regeneration, leaving your skin radiant, dewy and delicately scented. (50 OR 80 MINUTES)*

## **BODY**

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### **BESPOKE BODY POLISH**

*This full body exfoliating experience is an ideal preparation for the skin prior to any body treatment. It unclogs the pores, eliminates dead cells for smooth, soft and nourished skin. (60 MINUTES)*



# RENEW

What was lost can now be found.

Discover a sense of clarity, a more balanced life and that state of well-being that has drifted too far from center.

Get back to the necessity of simply feeling good — about your body, your mind and your spirit.

From massages to facials to total body treatments, emerge from a highly personalized treatment feeling refreshed and rejuvenated.



RENEW

RENEW

## **MASSAGE**

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### **INTENSE MUSCLE RELEASE**

*Affecting the deeper structures of the body and connective tissue, this powerful massage promotes relaxation. Relieving for sore and overused muscles tension, further ensuring a good sleeping pattern and resetting your internal clock.*

(50, 80 OR 110 MINUTES)

### **FEEL REVIVED**

*Awaken tired muscles with this revitalizing massage that rejuvenates both mind and body leaving you relaxed and naturally recharged. (50, 80 OR 110 MINUTES)*

## **FACIAL**

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### **DEEP CLEANSE**

*An intensive treatment that incorporates steaming with hot towel compresses alongside a facial massage and freshwater mud mask, resulting in clean and fresh skin. (50 OR 80 MINUTES)*

### **REFINERY ESSENTIAL FACIAL (FOR MEN)**

*Achieve a clean and bright complexion full of health and vitality with this essential facial for men that is deep cleansing and brightening. (50 OR 80 MINUTES)*

### **FIRMING AND/OR BRIGHTENING**

*Restore radiance and vitality. The power of this facial is accelerated by micro-current technology that not only delivers active ingredients deeper into the skin but also gives a non-surgical facelift. Achieve long lasting results that noticeably lift, firm and brighten the skin. (50 OR 80 MINUTES)*

## **BODY**

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### **DETOX & TONE**

*The complete, full body detox with five key treatment stages: body brushing, full body exfoliation, body mask & wrap, leg massage, and choice of accompanying scalp or foot reflex massage. Stimulates circulation, refines skin texture, reduces water retention, and softens skin. (90 MINUTES)*

# ESSENTIALS

Looking polished is just as important as how you feel inside.

These essential services are exactly that - treatments that allow you to achieve total contentment and confidence both inside and out. Let us apply the finishing touches to your confident style.

## **NAIL AND SKIN CARE**

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**SIGNATURE MALDIVIAN HAND/FOOT RITUAL**

**ULTIMATE MALDIVIAN HAND/FOOT RITUAL**

**EXPRESS MANICURE AND PEDICURE**

**NAIL POLISH**

**POLISH REMOVAL**

**PARAFFIN MASK HAND/FOOT**

**WAXING SELECTION BY LYCON**

**ARMS/LEGS/BACK/UNDERARMS**

## **HAIR CARE**

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**LADIES HAIRCUT AND BLAST DRY**

**BLOW DRY**

**TONGS**

**BEARD TRIM**

**CLASSIC SHAVE**

**GENT'S HAIRCUT**

**KIDS HAIRCUT**

**KIDS HAIRCUT**

# SPA BY JW PACKAGES

## MINDFULNESS JOURNEY

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*Designed to develop a connection with yourself, the world around you and the present moment. (170 MINUTES)*

**STABILITY BEACH YOGA**  
**MINDFULNESS MEDITATION**  
**CLEAR YOUR MIND**

## SPA BY JW RITUAL

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*A Spa ritual for total relaxation, starting with full body exfoliation, uplift yourself with the ultimate aromatherapy experience, followed by a nourishing organic body wrap. (150 MINUTES)*

**BESPOKE BODY POLISH**  
**ULTIMATE AROMATHERAPY MASSAGE**  
**NOURISHING BODY WRAP**

## COCONUT INFUSION

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*Indulge in the natural benefits of coconut with this spa experience ideal to nourish, relax, and smoothen your skin. (150 MINUTES)*

**COCONUT SCRUB**  
**COCONUT MASSAGE**  
**COCONUT SHELL REFLEXOLOGY**

# SPA KIDS SELECTION

*for children aged 14 years and below*

*A unique spa experience for kids awaits at the Spa by JW. Select any of these special treats specially tailored for your little ones. (30 MINUTES)*

**FACIAL AND HEAD MASSAGE**

**MINI MANICURE**

**HAPPY MINI FEET**

## WELLNESS BY JW

*At Spa by JW, we believe true well-being begins with mind-body balance. Therefore, we provide spaces that accommodate arrange of wellness activities from activeness to more restorative mindfulness moments while allowing the outdoors in and providing access to more natural surroundings.*

**PERSONAL TRAINING SESSION (30 OR 60 MINUTES)**

**PERSONAL YOGA CLASS (60 OR 90 MINUTES)**

**GUIDED MEDITATION (30 OR 60 MINUTES)**

**Note:** *Group classes are available upon request. For more information, please reach out to your Thakuru or contact our Spa Curator by dialing 8132.*

# HOW TO SPA

## **SCHEDULING AN APPOINTMENT**

To schedule an appointment for a treatment, please speak with our Spa Curator by dialing 8132, who will be happy to help you with your selection or share your preference with your Thakuru. To ensure availability of your preferred time and service, we recommend making your reservation in advance. Spa by JW recommends arriving 30 minutes prior to your appointment to settle in and start your spa experience.

## **OPENING HOURS**

Spa by JW is open daily from 10.00am - 8.00pm.

## **SPA ETIQUETTE**

In order to ensure all of our guests enjoy a relaxing experience, please respect all guests' right to privacy and serenity. Please refrain from using a mobile device or pager. The Spa by JW is a smoke-free environment. Towels, slippers, shower cap and required amenities will be provided for use during your visit. The minimum age of 16 is required for access to the spa areas.

## **HEALTH CONDITIONS**

When making your Spa by JW reservation, please advise us of any health conditions, allergies or injuries that could affect your experience.

## **PREGNANCY**

Please allow our Spa team to recommend suitable treatments for you during this special time.

## **CANCELLATION POLICY**

Should you wish to cancel or reschedule your spa appointment, we advise at least 3 hours' notice prior to your scheduled time to avoid any cancellation charges.

## **SPA GIFT CARDS**

Explore the possibilities of a Spa Gift Cards. Treat yourself or someone else for a day in spa to experience our wide array of spa treatments and services.

## **FITNESS CENTER**

All fitness center guests must be at least 16 years of age and above. Proper athletic attire and footwear must be worn at all times in the fitness center for the safety of our guests. Fitness center is open 24 hours.



# PRICE LIST

## FULL SPA EXPERIENCE

## CALM

## MASSAGE

## STRESS RELIEF

50 MINUTES	150
80 MINUTES	210
110 MINUTES	260

## SLEEP DEEPLY

50 MINUTES	150
80 MINUTES	210
110 MINUTES	260

## INNER CONNECTION (COUPLE TIME)

90 MINUTES	540
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## FACIAL

## CURATED SKIN CARE

60 MINUTES	210
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## SOOTHING

50 MINUTES	160
80 MINUTES	220

## THE EXPRESS FACIAL

30 MINUTES	125
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## ESSENTIAL EYES

15 MINUTES	65
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## BODY

## ALOE VERA WRAP

30 MINUTES	85
60 MINUTES	160

## INDULGE

## MASSAGE

## ULTIMATE AROMATHERAPY EXPERIENCE

50 MINUTES	170
80 MINUTES	230
110 MINUTES	280

## CLEAR YOUR MIND

50 MINUTES	150
80 MINUTES	210
110 MINUTES	260

## NURTURING PREGNANCY MASSAGE

50 MINUTES	150
80 MINUTES	210

## FACIAL

## DIAMOND LIFE INFUSION

90 MINUTES	350
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## DIAMOND LUMINOUS SYSTEM

60 MINUTES	260
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## DIAMOND COCOON EXPERIENCE

60 MINUTES	260
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## ANTI-AGING

50 MINUTES	180
80 MINUTES	240

## EYELIFT

30 MINUTES	90
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## BODY

## ISLAND TOUCH (COUPLE TIME)

120 MINUTES	650
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ALL RATES ARE IN USD AND SUBJECT TO 10% SERVICE CHARGE AND 16% T-GST.

## FULL SPA EXPERIENCE

## INVIGORATE

## MASSAGE

**RE-ENERGIZE**

50 MINUTES	150
80 MINUTES	210
110 MINUTES	260

**JET LAG CURE**

80 MINUTES	230
110 MINUTES	280

**HOT STONE MASSAGE**

80 MINUTES	210
110 MINUTES	260

## FACIAL

**RADIANCE**

50 MINUTES	160
80 MINUTES	220

## BODY

**BESPOKE SKIN POLISH**

60 MINUTES	190
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## RENEW

## MASSAGE

**INTENSE MUSCLE RELEASE**

50 MINUTES	170
80 MINUTES	230
110 MINUTES	280

**FEEL REVIVED**

50 MINUTES	150
80 MINUTES	210
110 MINUTES	260

## FACIAL

**DEEP CLEANSE**

50 MINUTES	160
80 MINUTES	220

**REFINERY ESSENTIAL FACIAL (FOR MEN)**

50 MINUTES	160
80 MINUTES	220

**FIRMING OR BRIGHTENING**

50 MINUTES	180
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**FIRMING AND BRIGHTENING**

80 MINUTES	240
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## BODY

**DETOX & TONE**

90 MINUTES	220
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ALL RATES ARE IN USD AND SUBJECT TO 10% SERVICE CHARGE AND 16% T-GST.

## FULL SPA EXPERIENCE

## ESSENTIALS

<b>SIGNATURE MALDIVIAN HAND/FOOT RITUAL</b>	75/85
<b>ULTIMATE MALDIVIAN SIGNATURE HAND/FOOT RITUAL</b>	120/130
<b>EXPRESS MANICURE AND PEDICURE</b>	120
<b>PARAFFIN MASK HAND/FOOT</b>	25
<b>NAIL POLISH/POLISH REMOVAL</b>	30
<b>WAXING SELECTION BY LYCON</b>	30-70

## HAIR CARE

<b>LADIES HAIRCUT &amp; BLAST DRY</b>	
SHORT	75
MEDIUM	95
LONG	105
<b>BLOW DRY</b>	
SHORT	50
MEDIUM	60
LONG	80
<b>TONGS</b>	30-70
<b>BEARD TRIM</b>	30
<b>CLASSIC SHAVE</b>	30
<b>GENT'S HAIRCUT</b>	50
<b>KIDS HAIRCUT</b>	20

ALL RATES ARE IN USD AND SUBJECT TO 10% SERVICE CHARGE AND 16% T-GST.



BY JW

# FULL SPA EXPERIENCE

## SPA BY JW

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### MINDFULNESS JOURNEY

170 MINUTES 330

### SPA BY JW RITUAL

150 MINUTES 450

### COCONUT INFUSION

150 MINUTES 360

## WELLNESS BY JW

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### PERSONAL TRAINING SESSION

30 MINUTES 60

60 MINUTES 100

### PERSONAL YOGA CLASS

60 MINUTES 60

90 MINUTES 100

### GUIDED MEDITATION

30 MINUTES 60

60 MINUTES 100

## KIDS SELECTION

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### SPA KIDS SELECTION

(Age 14 and under)

A SELECTION OF ONE OF THE FOLLOWING  
SPECIAL TREATS (30 MINUTES EACH):

FACIAL AND HEAD MASSAGE 60

MINI MANICURE 60

HAPPY MINI FEET 60

ALL RATES ARE IN USD AND SUBJECT TO 10% SERVICE CHARGE AND 16% T-GST.

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